



## 20 Weeks to Preparedness



### Week 16

#### Items to Purchase:

- Assorted containers with lids
- Manual can opener
- Assorted safety pins
- Ice chest
- Spare glasses or contact supplies (if needed)

**Note:** Always check expiration dates. Make the item last as long as possible (at least through November 30).

*Shopping lists are just a guide. Please adjust to your family's needs.*