



# G.T. Bray Swim Lessons 2018



## Register Now!

### Youth Swim Lessons - Mornings

Tuesday, Wednesday & Thursday  
\$35/session (2 weeks)

**Session 1: April 17 - April 26** Registration Opens 4/1

#### Class Times/Levels

9:00 - 9:30 a.m.      Preschool (3-5yrs)  
9:45 - 10:15 a.m.    Parent/ Child  
10:15 - 10:45 a.m.    Preschool (3-5yrs)

**Session 2: May 1 - May 10** Registration Opens 4/15

**Session 3: May 15 - May 24** Registration Opens 5/1

**Session 4: May 29 - June 7** Registration Opens 5/15

**Session 5: June 12 - June 21** Registration Opens 6/1

**Session 6: June 26 - July 6** Registration Opens 6/15

**Session 7: July 10 - July 19\*** Registration Opens 7/1

#### Class Times/Levels

8:30 - 9:00 a.m.      Parent/Child, 1 & 2, 3 & 4  
9:00 - 9:30 a.m.      Preschool, 1 & 2, 3 & 4  
9:45 - 10:15 a.m.    Preschool, 1 & 2, 5 & 6  
10:15 - 10:45 a.m.    Preschool, 1 & 2, 3 & 4

\*Holiday 7/4, Facility Closed Session 6 classes will be made up on Friday 7/6

### Youth Swim Lessons - Evenings

Tuesday/Thursday  
\$35/session (3 weeks)

**Session 1: April 10 - April 26** Registration Opens 3/20

**Session 2: May 1 - May 17** Registration Opens 4/15

**Session 3: May 22 - June 6** Registration Opens 5/1

**Session 4: June 12 - June 28** Registration Opens 6/15

**Session 5: July 10 - July 26** Registration Opens 7/1

#### Class Times/Levels

4:30 – 5:00 p.m.      Preschool, 1 & 2  
5:00 – 5:30 p.m.      3 & 4, 5 & 6  
5:45 – 6:15 p.m.      Preschool, 1 & 2  
6:15 – 6:45 p.m.      1 & 2, 3 & 4

### Adult Swim Lessons - Evenings

Wednesday  
\$24/session (4 weeks)  
Beginner/Intermediate Level (16 years and older)

**Session 1: June 6 - June 27** 5:30 p.m. - 6:15 p.m.

**Session 2: July 11 - August 1** 5:30 p.m. - 6:15 p.m.

### **Parent/Child: 6 months to 3 years**

This class is focused on helping your child to be comfortable in water, to prepare them to be ready to learn to swim.

### **Preschool: 3 to 5 years**

Focus on water safety and comfort. Basic water skills such as floating, kicking, gliding to and from instructor, going underwater to get dive sticks and floats.

### **Youth levels 1 - 6: 6 years and older**

**Level 1 & 2:** Beginner-introduction to water skills, helps participants feel comfortable in the water working on fundamental skills I.E. front float, back float, bobbing, treading basic crawl stroke, back stroke, kicking water safety.

**Level 3 & 4:** Intermediate-introduction to deeper water, focus on skill development I.E. rotary breathing, elementary backstroke, front crawl. Able to swim 50 yards. (2 laps) Develop confidence in previous learned skills and introduce new ones I.E. Breaststroke, sidestroke, butterfly, back crawl.

**Level 5 & 6:** Advanced-focus on stroke refinement, work on coordination in the water as well as learning safety skills. Swimming and skill proficiency refine the strokes and focus on stroke efficiency. Swim team style training is introduced through lap swimming and technique training.

Manatee County Parks and Natural Resources Department  
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941-742-5923 • [www.mymanatee.org/parks](http://www.mymanatee.org/parks)

Like us on Facebook @ GT Bray Park

Register Online @ <http://parks.mymanatee.org/wbwsc/webtrac.wsc/splash.html?wbp=1>